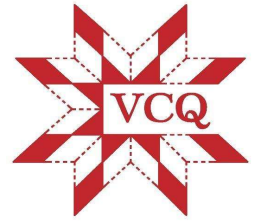


VIRGINIA CONSORTIUM OF QUILTERS

September 2026 Volume 43 Issue 3 (Revised Edition)



A MESSAGE FROM THE PRESIDENT

This newsletter includes all the information you need to enroll and enjoy our next In-Person meeting on October 17. I am so excited that we are returning to Virginia Beach. I'm sure VCQ had many meetings there before I was a member; it's been a few decades since I attended a meeting there. It is a beautiful area well worth visiting even if we didn't have the excuse of a quilting adventure for our travels. Thank you to all the quilters local to the area who have made the arrangements. VCQ tries to rotate throughout the state so all our members are the locals at some time in the two to three year rotation. If you want to be one of these rarely used volunteers, gather some friends together, contact your Area Rep and ask her to talk to Jan Farrow about scheduling your area in March, June or October. It can be fun.

While we are on the topic of In-Person meetings, thanks go out to Paula Golden and The Quilting Party who sponsored our June meeting in Blacksburg. It was a perfect summer day. The opening coffee hour was well attended, giving us time to chat and catch up with friends while the teachers set up their classrooms. And, the classes were well received. We hope to return to this venue in our rotation of meeting spots.

The October meeting is our Annual Meeting where some amount of business is mandated by our Bylaws and Policies and Procedures. We will hold our annual election where we will confirm the Nominating Committee's selections for President, Secretary, and Historian. Thanks to all who are serving in those capacities now and those who have volunteered to assume those positions for the next two years.

The meeting won't be all business. We will also have classes, an in-person Come Quilt With Me, lunch, a lottery block and an opportunity to hug our friends from around the state.

Before we meet for our In-Person Meeting in October, we will be gathering at the Virginia Quilt Museum on the weekend of September 18 and 19. VQM is honoring our combined histories with an Open House. This is an opportunity to celebrate and grow the memberships of both organizations. The Stitching Together History exhibit will be the showcase of the weekend; other activities such as demos, door prizes, and a hybrid version of Come Quilt With Me promise to make this a special time.

Also coming very soon are our Virtual Workshops on September 5, 2026. Scroll through this newsletter to read a description of the workshops and watch Facebook and your email for more information. And, save New Year's Eve Day for a Virtual sewing adventure.

We continue on with our VCQ Mystery Quilt. Clues are posted in the Members Only portion of our website mid-month. Meghan Shafer then kindly joins us on the third Saturday Come Quilt With Me to explain and encourage us in our sewing. That morning is full of tips and tricks. As with every CQWM, you never know where the conversation will go. I love the opportunity to get to know everyone better as well as the time to quietly sew.

The Silver Lake summer quilt-along continues as part of all of the CQWM sessions each month. We began as a way to individually support the Virginia Quilt Museum and the Museum noticed. Alicia Thomas, VQM director, is contemplating a future showing of Silver Lake quilts. It is a simple pattern, similar to a Churn Dash, but like all quilt patterns, change the fabrics and it is a whole new world.

It will be a busy fall, leading into hopefully a quiet winter.

Stay safe and keep quilting – K:)

Kathy Gray

Nominations for Office 2027-2028

The Nominations Committee, consisting of 3 Area Reps, was tasked with finding candidates from the membership to stand for elected office. Culpeper/Madison Area Rep, Janice Willis was the chair of the committee and announces the following slate:

President – Karilyn Pittman – currently serving as Vice-President

Secretary – Karan Fisher - currently serving as Secretary

Historian – Tammy Halstead – currently serving as Webmistress

Nominations will be accepted from the floor with the prior permission of the nominee. Elections will be held at the October Annual Meeting in Virginia Beach. Elected officers will serve for two years beginning on January 1, 2027 and ending on December 31, 2028.



VCQ Virtual Program: Saturday, September 5, 2026



Kim Caskey: <https://www.kimcaskey.ca/>

Longarmer, Educator, Worldwide Textile Tour Guide (Kim lives in Canada)

I am passionate about quilting and am grateful to have the opportunity to inspire others. My intent is to educate and enthuse in an atmosphere of fun and support. Students enjoy my relaxed way of teaching and appreciate my encouragement of confidence.

I am so grateful for the opportunities I've been given—and with a lot of hard work (and plenty of joy along the way!), I've been able to successfully organize, manage, and host Quilt & Textile Tours all over the world. Over the past twelve years, I have welcomed hundreds of travelers on unforgettable journeys, sharing laughter, learning, and memories in places like Ireland, Scotland, England, France, Wales, Iceland, Canada, Italy, Australia, and Japan.

Cost to registrants:

Part I OR Part II - \$35

Part I AND Part II - \$50

Part I (morning) "Quilt Labels and Documentation" (10am-12pm)

Documentation of your quilt is so important for future generations. Learn to make easy and professional quilt labels and explore additional techniques including, Pigma pen inking, photo transfer, computer generated labels, proper documentation, quilt show entry, copyright and insurance appraisals. Finish your quilt with a hanging sleeve and make a coordinating pillowcase for gift giving and/or storage. Demonstration and preparation of a quilt label.

Part II (afternoon) "My Quilt Top is Finished, Now What?" (1pm-3pm)

Congratulations on finishing your quilt top! You might be wondering, but what comes next? In this engaging and informative lecture, we'll explore the essential steps to take your quilt from "almost there" to a fully finished masterpiece. Topics include how to choose the right batting and backing fabric, options for basting, tips for deciding between hand quilting, machine quilting, or professional longarm services, and of course, quilt design options. Whether you're a beginner or experienced quilter, you'll leave this lecture with actionable tips, expert advice, and renewed confidence to tackle the final steps of your quilting journey!

BOARD OF DIRECTORS 2026

<i>Board Position</i>	<i>Name</i>	<i>E-mail</i>
President	Kathy Gray	president@vcq.org
VP	Karilyn Pittman	vicepresident@vcq.org
Secretary	Karan Fisher	secretary@vcq.org
Treasurer	Constance Chappell Horne	treasurer@vcq.org
Membership	Lisa Frieman	membership@vcq.org
Historian/Documentation	Kitty Bull	historian@vcq.org
Programs /Virtual	Kathleen Hippeli	virtualprograms@vcq.org
Programs /In-Person	Jan Farrow/Debi Harding/Madeline Moonan	inpersonprograms@vcq.org
Facilities	Jan Farrow/Debi Harding	facilities@vcq.org
Newsletter	Judy Seltz	newsletter@vcq.org
Web Mistress	Tammy Halstead	webmistress@vcq.org
Publicity	Kelly Zuber	publicity@vcq.org
Celebration Chairs	Kelly Zuber & Kathy McCrea	celebration@vcq.org
Community Service	Karin McElvein	Karinlisa7@gmail.com

AREA REPS

Northern VA	Kathy Gray	kathythequilter@verizon.net
Shenandoah Valley	Vacant	
Lynchburg	Debbie Repass	debbierepass@msn.com
Culpeper-Madison	Janice Willis	Willis.janice5575@gmail.com
Richmond	Vacant	
Fredericksburg	Susan Fulton	Fultonsusan24@yahoo.com
Southwest	Paula Golden	paulacgolden@comcast.net
Peninsula	Sue Knapp	sunapp1@yahoo.com
Tidewater	Debi Harding	debi.harding@cox.net



Mark Your Calendar for a Great Weekend at the Virginia Quilt Museum This Fall!

The Virginia Consortium of Quilters' partnership with the Virginia Quilt Museum has created a wonderful opportunity to spend a fun weekend in the Shenandoah Valley Friday, September 18 and Saturday, September 19. VCQ's donation to the quilt museum allowed us to sponsor those two admission-free days at the museum and to underwrite the outstanding Stitching Together History Exhibit that is currently on display. We are expanding this opportunity into a VCQ Member Appreciation Weekend with a chance to win great prizes.

The Virginia Quilt Museum is located at 2328 Silver Lake Road, Dayton VA.

Here's the rundown of events:

Friday, September 18

10:00am-4:00pm

The Virginia Quilt Museum will be free to everyone. VCQ members will provide quilt demonstrations during the day for members and museum guests. (Please notify Kelly Zuber at kzuber@cox.net or 540-309-0317 if you are willing to present a quilting technique during the day on Friday)

4:00pm-6:00pm

You are invited to attend the VCQ Member Appreciation Reception and Mini-Quilt Show on the Mill Level of the Virginia Quilt Museum (lower level of the Silver Lake Mill below the museum).

VCQ will roll out the red carpet for members to mingle and relax at this historic mill. We hope many of our new members will attend so we can meet you in person. VCQ will provide refreshments, food, and a sampling of some of the quilts we have made through the years by attending in-person, virtual, and Celebration! classes. (Please notify Kelly Zuber if you would like to share one of your quilts)

You must pre-register for the reception, and you will receive an e-mail shortly to register for this event.

Saturday, September 19

10:00am-4:00pm The Virginia Quilt Museum will be free to everyone. VCQ members who register ahead of time will have the opportunity to sew all day at the beautiful museum on Silver Lake in a very special in-person Come Quilt With Me. We have the museum's classroom and the Mill Level room below the museum to spend the day doing what we love best – QUILTING! We have 30 spaces available. This would be a great time to work on the Silver Lake pattern right on the shores of Silver Lake.

You must pre-register for Come Quilt with Me at the museum, and you will receive an e-mail shortly to register for this event.

Prizes

VCQ members and VQM members will have the opportunity to win great prizes throughout the weekend. We will provide prize tickets to VCQ members who attend the event, and we encourage others to join. We also hope our members and others will join the Virginia Quilt Museum this weekend if they are not already members.

Here's how you can earn chances to win the prizes.

1 chance to win if you are a VCQ Member attending the event

1 chance to win if you are a VQM Member attending the event

1 extra chance to win if you bring a quilter friend to the event who is not a member of either group (an extra ticket for every friend you bring!)

1 chance to win if you join VCQ for a year at the event

2 chances to win if you join VCQ for two years at the event

3 chances to win if you join VCQ for three years at the event

4 chances to win if you join VCQ for four years at the event

1 chance to win if you join VQM at Senior (\$45) or Individual Rate (\$50) at the event

2 chances to win if you join VQM at Family rate (\$75) at the event

3 chances to win if you join VQM at Contributor rate (\$150) at the event

4 chances to win if you join VQM at Patron rate (\$250) at the event

5 chances to win if you join VQM at Benefactor rate (\$500) at the event

6 chances to win if you join VQM at Sustainer rate (\$1000) at the event

(See www.vaquiltmuseum.org for additional benefits at the various levels of donation)

More details are coming about the prizes and this exciting weekend where we celebrate the partnership between the Virginia Consortium of Quilters and Virginia Quilt Museum. Watch your e-mail and the www.vcq.org website.

There are several quilt shops you may want to visit while you are in the Dayton and Harrisonburg area:

Patchwork Plus - 17 Killdeer Lane Dayton, VA (Open 10:00am-4:00pm Friday and Saturday)

Sew Classics Fabric - 121 Carpenter Lane Harrisonburg, VA (Open 10:00am-6:00pm Friday and Saturday)

Ragtime Fabrics - 926 W. Market St. Harrisonburg, VA (Open 10:00am-4:00pm Friday and Saturday)

Dates for Newsletter Submissions

January 15th for February newsletter.

Please send material electronically to newsletter@vcq.org

Remember to check the Calendar tab on the VCQ website for meetings and events at www.vcq.org



THE VCQ BOARD NEEDS YOU!

BE AN AREA REP

The VCQ Board is looking for members to be the Area Reps for Richmond and the Shenandoah Valley. Area Reps stay connected via email or Zoom and visit their local quilt shops and guilds. The term is usually two years but there is no limit.

Duties include:

- Send emails to members reminding them of upcoming events like Come Quilt with Me, Zoom sew-alongs, registration deadlines for Zoom and in-person workshops, etc. You just create a contact group, then write and send a short note.
- Visit or ask another member to visit local guilds to promote VCQ. VCQ Area Reps are vital to letting people know about VCQ and to building our membership.
- Attend VCQ board meetings every other month on Zoom. (About one hour.)
- Attend VCQ annual board retreat the second Saturday in January.

Benefits to being on the VCQ Board:

- Be part of the decision making process that drives VCQ.
- Provide feedback from your area members to the board on issues or concerns that are important to them. Keep that line of communication open.
- Make life-long quilting friends.

If you would like to learn more about being an Area Rep, or to volunteer in your area, contact Kathy Gray at president@vcq.org. Some of you have served on the VCQ Board in a variety of positions and know the pleasure of having quilting friends you can call on.

Thank You Quilt for our VCQ President

The current president of VCQ, Kathy Gray, will be completing her term of office in 2026. As a thank you to each president for their dedication to VCQ, the guild presents the outgoing president with a quilt created by the members. An email has recently been sent out to all members, except Kathy, with the chosen block and colorway. The blocks are simple and quick to make. You will use your stash, following the fabric and color guidelines included in the block instructions. You will then piece your block, add your signature where it says to in the instructions. Use a fabric marker for your signature and not a Sharpie®. A longarm quilter has generously offered to quilt the final quilt! If you prefer to mail your block to me, email me for my address or find it on the member roster in the Members Only section of VCQ.org. A single block can be mailed in a regular size envelope. You may also give it to me at any of our in-person meetings throughout the year or at Celebration 2026. **The deadline to get your block to me will be the October 2026 in-person meeting.** If you have any questions, please email me at vicepresident@vcq.org. Remember: this is a secret! Don't be left out! Get your block to me on or before October 17, 2026. Thanks for your help with honoring our outgoing VCQ President and showing her how much we appreciate all of her hard work!

Karilyn Pittman, VCQ Vice President



COME QUILT WITH ME ON ZOOM!

First Tuesday of the month from 1PM-4 PM

Third Saturday from 9 AM-noon

Every Sunday 2PM-5PM

COME QUILT WITH ME (CQWM) is an opportunity to sew with your friends from all over the state and beyond. We chat, share our quilting questions and projects. It is low key – you can come and go as you please. The Zoom link is in the Members Only portion of our web site. Your log in information is on the back of your membership card or you can phone or Direct Message a board member for help. For Direct Messages, please make sure your platform has end-to-end encryption (E2EE). If you are not certain, make a phone call. Texting without E2EE is not secure.

IN-PERSON IN VIRGINIA BEACH

VCQ will be meeting **IN-PERSON October 17, 2026 in Virginia Beach**. The schedule for the day includes three GREAT workshops to choose from and a Come Quilt with Me (CQWM) option for your personal sewing machine or handwork.

Meeting Location: Bayside Baptist Church, 1920 Pleasure House Rd, Virginia Beach 23456

Directions to meeting from interstate: Follow I-64 to US 13 N/North Hampton Blvd. Travel on North Hampton Blvd for 4 miles to Pleasure House Rd. traffic light, turn Left. The Church is on the North East Corner of US 13 N and Pleasure House Rd. Take the second right, into the far back parking lot of the church. Follow the signs to enter the facility.

Lodging Accommodations:

VCQ does not block rooms, so we hope you will call and ask for a discount at the hotels close to the venue. Most hotels offer AAA, AARP, Military and senior discounts. Also review hotel rates on [trivago.com](https://www.trivago.com); [trip advisor](https://www.tripadvisor.com), and [booking.com](https://www.booking.com).

There are SO Many hotels within 5 miles of the church, just off I 64 exit (near Norfolk Outlet Malls):

- Delta Hotels by Marriott - Norfolk Airport
- Staybridge Suites – Norfolk Airport by IHG
- Home 2 Suites by Hilton – Norfolk Airport
- Quality Suites Lake Wright – Norfolk Airport
- Tru by Hilton – Norfolk Airport
- Hampton Inn & Suites – Norfolk Airport
- Comfort Inn & Suites VA Beach-Norfolk Airport
- ON THE BEACH– Delta Marriott, 2800 Shore Dr. (corner of Great Neck & Shore Dr) VA Beach

Quilt Stores to visit on the way to Virginia Beach:

A Different Touch, 1107 S Military Hwy, Ste B, Chesapeake, VA 23320

Fabric Hut, 828 E Little Creek Rd, Norfolk, VA 23518

Sunshine Quilt Corner, 896 J Clyde Morris Blvd, Newport News, VA 23601

Fabric Shoppe, 5501-G Bennett's Pasture Rd., Suffolk, VA 23435

Halo Inspirations Quilt Shop, 151 Kristiansand Dr., Ste. 115, Williamsburg, VA 23118

Notes from Jan Farrow and Debi Harding, In-Person Programs and Facilities Chairs

REGISTRATION

You may register online or by mail. Register online: [\(Tammy put link in here\)](#)

If you are registering by mail, your registration form and check to VCQ must be postmarked by September 26, 2026 (3 weeks prior to the event). **Registrations will close after this date without exception. Any registrations postmarked after September 26, 2026 cannot be accepted and will be returned.** If you are mailing in a registration the week of September 14, 2026 please email inpersonprograms@vcq.org or call/text Jan Farrow to let us know the registration is in the mail. Jan's phone number can be found on the VCQ website in the Members Only section. Please fill out your registration form completely as this information is very vital to ensure proper email confirmation.

You will receive an email with Confirmation of your class approximately 2 weeks prior to the event. NO postcards will be mailed.

Any cancellations must be made by October 3, 2026 (2 weeks prior to the event) to obtain a refund. Email inpersonprograms@vcq.org or call/text Jan Farrow. Jan's phone number can be found on the VCQ website in the Members Only section.

Please wear your VCQ or Guild name tag to the meeting, so we can put names and faces together.

Saturday, October 17, 2026 Meeting Schedule

8:05-9:00 AM - Registration and **coffee social**

9:00- Noon - Workshops

Noon-12:45 - Lunch

12:45-1:25 - Business Meeting

1:30 - 3:30 - Workshops Continue

3:45 - 4:30 - Show and Tell

QR CODE NOW AVAILABLE FOR REGISTRATION!

WORKSHOPS *****WORKSHOPS ***** WORKSHOPS

Workshop A: Karan Fisher– rmcmwoman@gmail.com

Sashiko Stitching by Machine – machine class



Students will learn the technique of Sashiko stitching using their domestic sewing machine with a walking foot and without marking on your quilt. This technique can be easily adapted for “Quilt-As-You-Go” from small quilting projects to lap/bed sized quilts.

Skill Level: All levels

Kit Fee: None

Supply List: Prepare 5 to 8 “sandwiched” (layered top fabric, batting, backing fabric) 14” squares either of muslin or fabric in solid black or indigo/navy colors. Contrasting thread that is 30 or 50 weight. Universal size sewing machine needles. Machine in good working order with power cord and foot pedal. A few #2 lead pencils (mechanical or sharpened). 12 ½” square ruler. **Parchment paper.** Blue painters tape, glue stick, sewing scissors, straight pins, rotary cutter, & small cutting mat. Don’t forget that Walking Foot!



Karan is originally from Nebraska and is a U.S. Navy retiree. It was the Navy that brought her to her permanent residence in Virginia Beach, VA. She has been sewing since she was 8 years old making her first 4-H project of an apron, sewing it on a treadle sewing machine. She predominantly made clothing for herself along with cross-stitching & crochet until 1998 when she was bitten by the “quilting bee”. She joined the Tidewater Quilters’ Guild (TQG) that year and subsequently became a member of VCQ. Karan has held several positions in both TQG & VCQ, currently serving as the VCQ Secretary. She has taught many workshops/classes for both guilds and has produced 2 quilts shows as the TQG Quilt Show Chair. Karan enjoys a challenge and is continually seeking to expand/share her quilting knowledge & skills.

Workshop B: Ann Lockler – annlockler@me.com

Curve and Swerve – machine class

This class will help you make smooth curves for each and every block. It's a challenging class because of the accuracy and time it takes to cut and sew the 48 blocks. The completed blocks will make either one of the pictured quilt tops.

Skill Level Required: Intermediate **Kit Fee:** None



Supply List:

(24) 10" squares of a variety of print fabrics, the more variety the better. (you need to have at least 8 varieties)

(24) 10" squares of a background color

Cutting mat (for 10" squares) and a rotary cutter with a new blade. (a 45mm rotary cutter works best) Sewing machine, scissors and thread.

A straight edge roller to cut 10".

An Oval All Ways Ruler by Creative Grids* - I will have 3 of the discounted "Oval All Ways" rulers, and if you are interested in one of them, then please contact me at AnnLockler@me.com

***This ruler can be purchased at A Different Touch quilt shop in Chesapeake (757)366-8830 for a 20% discount. If you order one and would like me to pick it up for you, then let me know and I will be happy to bring it to class for you.**



Ann has always sewn, and always had a machine. She followed the normal sewing journey from making clothes, to making curtains, baby things, and then quilts. She loves old machines as well as new ones, and has recently graduated to a Long Arm. She has worked at Cloth World, Joanne's Fabrics, Fabric Hut, and Sarah's Thimble. Her love of quilting really stems from her love of buying fabric. She tries not to buy things at full price, but says "sometimes you just have to."

Workshop C: Mary Witwer – paws4u@cox.net

Oriole Bag:

This free pattern is available in 2 different sizes, small or large. Our VCQ class will make the small size. You can make it in the material of your choice. The attached photo shows a size small and has plenty of room for my wallet, sunglasses, large comb, keys and room to spare. I used an old pair of blue jeans for the body, and cork for the flap. The rings are optional detachable carabiners. This bag uses front and back fabrics that creatively form a 3-dimensional bag using darts. It has an adjustable strap. **If** you choose, you can quilt it to the foam interfacing. Do not quilt it to the lining fabric. If you quilt it, please do so before class, and start with pieces at least 2 inches larger around than the pattern to account for shrinkage. Please call me if you have any questions.



Finished Size:

- small – 12” long x 8” tall x 2” deep

Skill Level Required: Beginner to Advanced

Supply List:

FREE PATTERN: [Oriole Bag - Sew Sweetness](#), by Sara Lawson

Download and print this free pattern. Before class cut out the pieces and tape together. Although this is a free pattern, I prefer that you download it from Sew Sweetness so you can see her other patterns and take advantage of her free tutorials. If you have difficulty getting the pattern, please feel comfortable texting me and I will bring one for you.

- 3/4 yard of exterior fabric: Quilter’s cotton, denim, canvas etc. (1/2 yard will be enough if using 54” wide cork or vinyl)
- 1/2 yard of lining fabric: (we will add a pocket)
- 1/2 yard of foam interfacing (By Annie’s Soft and Stable, Pellon Flex Foam, Bosal In-R-Form, if using Flex Foam, it is only 20” wide so please purchase at least 1 yard)

- 2 yards of 20" wide Pellon SF-101 Shape Flex **fusible woven** interfacing (or medium-weight fusible)
- Amazon links below are **suggestions**. There are lots of products to choose from. You choose what color metal you want.
- **Twist lock** [Amazon.com: TXIN 15 Pieces Twist Lock Fastener Purse Turn Locks Clasp Bag Closure Metal Clip Hardware for DIY Handbag Craft Making Supplies](#)
- **Two 1" metal rectangles** [Amazon.com: Carabiner Metal Spring Key Ring, 10 PCS Spring Keyring Buckle, Oval Ring for Bags \(Gold, 1.25"\)](#)
OR
[Amazon.com: 20 Pack 1 Inch Key Ring Clip, Spring O Rings Round Carabiner Clip, Metal Keychain Rings for Keys, Bags, Buckle, Purses \(Gold\) : Sports & Outdoors](#)
- **1" metal slider** [Amazon.com: Gumney 5pcs 1" Metal Buckles Tri-Glide Buckle Slider Buckle Webbing Slider for Shoulder Bag Purse Making Clothing DIY Accessories, Gold : Arts, Crafts & Sewing](#)
- **Other Supplies:** Sewing machine, foot pedal, power cord, large scissors to cut through layers, snips, neutral thread, extra sewing machine needles, hand sewing needles, pins, Wonder Clips, fabric marking pen, medium sized cutting mat and rotary cutter



Mary Witwer moved to Virginia Beach in 1986 due to her husband's Navy transfer. She retired in 2017 from a career as an LCSW managing a crisis intervention program for the city's mental health services. Having been exposed to her mother's sewing talents, Mary was primarily a garment sewer until the mid-1990's when she caught the quilting bug. Quilting is still her primary passion. She began serious bag-making around 2020, and experimented with several designers' patterns. Mary is a member of VCQ the current president of Tidewater Quilters' Guild.

Workshop D: Come Quilt with Me

Bring your own hand or machine project or work on ALS Charity Quilt kits as you sit and quilt with other members and experience wonderful fellowship.

VCQ WORKSHOP REGISTRATION FORM – Virginia Beach

Registration form deadline: Saturday, September 26, 2026 (3 weeks before event). **Registrations will close after this date without exception. Any registrations postmarked after September 26, 2026 will not be accepted and will be returned.** If you are mailing in a registration the week of September 14, 2026 please email inpersonprograms@vcq.org or call/text Jan Farrow to let us know the registration is in the mail. Jan's phone number can be found on the VCQ website in the Members Only section **Any cancellations must be made by Saturday, October 3, 2026 (2 weeks before the event) to obtain a refund.**

Name _____ Member _____ Non-Member _____

Address _____

City _____ State _____ Zip _____

Phone _____ Email _____

Choose One:

☐ Workshop A: Sashiko Stitching by Machine with Karan Fisher
kit fee : \$0

☐ Workshop B: Curve and Swerve with Ann Lockler
Kit Fee: \$0 – Note: Ruler purchase

☐ Workshop C: Oriole Bag with Mary Witwer
Kit Fee : \$0

☐ Workshop D: Come Quilt with Me

COST:

☐ Member- Workshop or CQWM & Lunch \$50

☐ Non-Member – Workshop or CQWM & Lunch \$60

Amount enclosed: \$ _____

Are you bringing a sewing machine to Come Quilt with Me (CQWM)? ☐ Yes ☐ No

Were you referred or invited by a VCQ member? ☐ Yes ☐ No

If so, please write in their name _____

Is this your first time attending an In-Person workshop with VCQ? ☐ Yes ☐ No

Can you volunteer to be the Class Helper? ☐ Yes ☐ No

Jason's Deli will be preparing a boxed lunch with chips, pickle and a dessert choice. Mayo, Mustard, tomato and lettuce will be on the side. Water will be provided.

Choose a Bread:

- ☐ Multigrain Wheat
- ☐ Country White
- ☐ Marbled Rye
- ☐ Sourdough

Choose a Meat (all are nitrate-free):

- ☐ Roasted Turkey Breast
- ☐ Smoked Turkey Breast
- ☐ Roast Beef
- ☐ Ham
- ☐ Chicken Salad with Almonds & Pineapple
- ☐ Tuna Salad with Eggs
- ☐ NO Meat

Choose a Dessert:

- ☐ Cranberry Walnut Oatmeal Cookie
- ☐ Chocolate Chip Cookie
- ☐ Fudge-Nut Brownie
- ☐ Sugar Cookie with Sprinkles

☐ Gluten-Sensitive – Choose ☐ turkey or ☐ ham. Comes with Gluten Free White Bread, lettuce, tomato, chips, pickle and gluten-free dessert.

☐ Spinach Veggie Wrap - Spinach, guacamole, pico de gallo, mushrooms and Asiago on a wheat wrap. Served with salsa, fruit cup and choose a dessert from above.

Special requirements: **Allergies to** _____

NOTE: VCQ will try their best to accommodate special lunch requests, but if these choices are not acceptable to you, please check the box below:

- ☐ **I will be bringing my own lunch.**

Send workshop registration form and your check **payable to VCQ** by Saturday September 26, 2026.
Jan Farrow. Jan's address can be found on the VCQ website in the Members Only section
Email: inpersonprograms@vcq.org with any questions.
See you in Virginia Beach!