

VCQ Charity Projects

Karin McElvein is managing our Charity Projects:

- Bassinet/Mattress Cover for Children's Hospitals, and
- Quilts to donate to the ALS Hopes and Dreams quilt challenge

Instructions for both projects follow.

Bassinet/Mattress Cover for Children's Hospitals

Finished dimensions: 20" x 28"

Cut 1 piece, 42" wide or WOF (width of fabric) by 29" long.

1. Fold fabric in half right sides together so 29" edges match.
2. Sew $\frac{1}{4}$ " seam across one short end (21") to within $\frac{1}{4}$ " of end, turn and continue on long edge, backstitching at beginning and end.
3. Finish raw edges of seam allowances with zigzag or other over-edge stitch.
4. Turn raw edge of opening $\frac{1}{2}$ " to the wrong side and press. Turn over one more time and stitch along the edge to hold in place.
5. Turn right side out and press.

French seams

1. Fold fabric in half wrong sides together so 29" edges match.
2. Sew $\frac{1}{4}$ " seam across short end (21") to within $\frac{1}{4}$ " of end, turn and continue along long side, backstitching at beginning and end.
3. Turn so wrong sides are together, carefully pressing it flat.
4. Sew (encasing previous seam) using a $\frac{3}{8}$ " seam allowance.
5. Turn raw edge of opening $\frac{1}{2}$ " to the wrong side and press. Turn over one more time and stitch along the edge to hold in place.
6. Turn right side out and press.

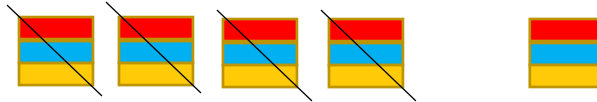
ALS Charity Quilt Blocks

Time for a new block to create charity quilts for the ALS Foundation. It's really simple and one that you can use in many creative ways.

1. Make a strip set: Cut 3 strips of different fabrics, each 3" wide by WOF (width of fabric), approximately 40" long. Sew together length-wise, scant 1/4" seam. Press seam allowances all to one side. Strip set should be 8" wide x WOF.



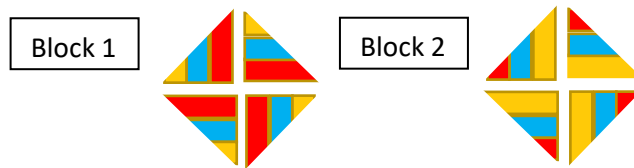
2. Cut Strip Set into 8" squares. You will have 5 squares.
3. Cut 4 of the squares on the diagonal, the same way. The fifth square will be used to create a piano key border.



4. Separate your triangles into two groups of identical triangles.



5. Place the together to form a pinwheel design.



6. Sew two triangles together. Press seam allowances to the side. Sew those two sections together to make the pinwheel.
7. Trim to 9 1/2" unfinished.

Mail both blocks and the extra square to:

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If you have questions,
please contact Karin at karinlisa7@gmail.com or 754-572-1569