

# VCQ 2021 Charity Projects

Karin McElvein is managing our Charity Projects:

- Bassinet/Mattress Cover for Children's Hospitals, and
- Quilts to donate to the ALS Hopes and Dreams quilt challenge

Instructions for both projects follow.

## **Bassinet/Mattress Cover for Children's Hospitals**

Finished dimensions: 20" x 28"

Cut 1 piece, 42" wide or WOF (width of fabric) by 29" long.

1. Fold fabric in half right sides together so 29" edges match.
2. Sew  $\frac{1}{4}$ " seam across one short end (21") to within  $\frac{1}{4}$ " of end, turn and continue on long edge, backstitching at beginning and end.
3. Finish raw edges of seam allowances with zigzag or other over-edge stitch.
4. Turn raw edge of opening  $\frac{1}{2}$ " to the wrong side and press. Turn over one more time and stitch along the edge to hold in place.
5. Turn right side out and press.

## French seams

1. Fold fabric in half wrong sides together so 29" edges match.
2. Sew  $\frac{1}{4}$ " seam across short end (21") to within  $\frac{1}{4}$ " of end, turn and continue along long side, backstitching at beginning and end.
3. Turn so wrong sides are together, carefully pressing it flat.
4. Sew (encasing previous seam) using a  $\frac{3}{8}$ " seam allowance.
5. Turn raw edge of opening  $\frac{1}{2}$ " to the wrong side and press. Turn over one more time and stitch along the edge to hold in place.
6. Turn right side out and press.

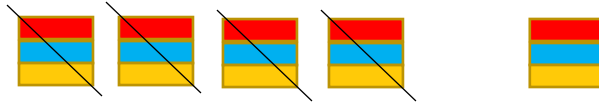
# ALS Charity Quilt Blocks

Time for a new block to create charity quilts for the ALS Foundation. It's really simple and one that you can use in many creative ways.

1. Make a strip set: Cut 3 strips of different fabrics, each 3" wide by WOF (width of fabric), approximately 40" long. Sew together length-wise, scant  $\frac{1}{4}$ " seam. Press seam allowances all to one side. Strip set should be 8" wide x WOF.



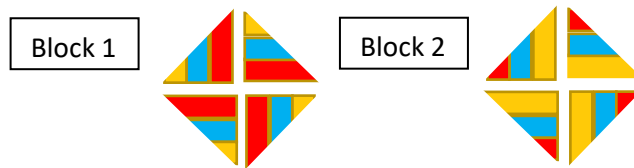
2. Cut Strip Set into 8" squares. You will have 5 squares.
3. Cut 4 of the squares on the diagonal, the same way. The fifth square will be used to create a piano key border.



4. Separate your triangles into two groups of identical triangles.



5. Place the together to form a pinwheel design.



6. Sew two triangles together. Press seam allowances to the side. Sew those two sections together to make the pinwheel.
7. Trim to 9  $\frac{1}{2}$ " unfinished.

Mail both blocks and the extra square to:

Deborah Schupp, 17163 Tally Ho Trail, Brandy Station, VA 22714

If you have questions, please contact Deb at [president@vcq.org](mailto:president@vcq.org)