

VCQ 2021 Charity Projects

Karin McElvein is managing our Charity Projects:

- Bassinet/Mattress Cover for Children's Hospitals, and
- Quilts to donate to the ALS Hopes and Dreams quilt challenge

Instructions for both projects follow.

Bassinet/Mattress Cover for Children's Hospitals

Finished dimensions: 20" x 28"

Cut 1 piece, 42" wide or WOF (width of fabric) by 29" long.

1. Fold fabric in half right sides together so 29" edges match.
2. Sew $\frac{1}{4}$ " seam across one short end (21") to within $\frac{1}{4}$ " of end, turn and continue on long edge, backstitching at beginning and end.
3. Finish raw edges of seam allowances with zigzag or other over-edge stitch.
4. Turn raw edge of opening $\frac{1}{2}$ " to the wrong side and press. Turn over one more time and stitch along the edge to hold in place.
5. Turn right side out and press.

French seams

1. Fold fabric in half wrong sides together so 29" edges match.
2. Sew $\frac{1}{4}$ " seam across short end (21") to within $\frac{1}{4}$ " of end, turn and continue along long side, backstitching at beginning and end.
3. Turn so wrong sides are together, carefully pressing it flat.
4. Sew (encasing previous seam) using a $\frac{3}{8}$ " seam allowance.
5. Turn raw edge of opening $\frac{1}{2}$ " to the wrong side and press. Turn over one more time and stitch along the edge to hold in place.
6. Turn right side out and press.

ALS Hopes and Dreams quilt challenge



ALS Charity Block – Sawtooth Star Blocks



The Hopes & Dreams for ALS research sponsored by Quilters Dream Batting continues. VCQ members turn in blocks to be made into a colorful top. This top is donated and money raised goes to ALS research.

Please make 8" finished Sawtooth Star blocks in white and a tone-on-tone color or solid color to be made into a donation quilt for ALS.

Keep the colors bright so this will be a happy quilt to help the recipient smile.

When you have made a couple, please send to:

Deborah Schupp, 17163 Tally Ho Trail, Brandy Station, VA 22714

Make the center and the star points in one color. Make the background in white.

OR

Make the center and the star points in white and the background in the one color.

Cut 1 - 4 ½" square for center of the star

8 - 2 ½" squares for star points

4 - 2 ½" x 4 ½" rectangles for background

4 - 2 ½" squares for background

To make the block, use the stitch and flip method to create four flying geese units. You can find instructions for this method on the internet and in numerous quilt books.

Arrange the 2 ½" background blocks in the corners and the 4 ½" center block in the star fabric. Sew the units into rows and the rows into the star block.